

# St Mary's College

## Sport Guidelines



Sport is an essential component of St Mary's College and is an integral part of the holistic education of our students.

- Students are encouraged to participate in the College's sporting teams.
- Sport in this school reflects the principles of equity.
- Emphasis is placed on safe sport practices through coaching which seeks to develop fitness, skills, practices and protection aimed at minimising injury.

Sporting programs and activities lead to:

- The development of skills and participation in a healthy lifestyle choice.
- Opportunities for all children to participate, regardless of ability, in inter or intra school sport.
- A safe, healthy and friendly environment that encourages a sense of personal achievement, identity and satisfaction.
- An environment that encourages enjoyment, the development of self-esteem, resilience and confidence.
- An awareness and understanding of fair play.
- The encouragement of cooperation through the development of team skills.
- Lifelong physical, emotional and social benefits.

### Guidelines

The purpose of this Guideline is to underpin the practice of all members of the school community. This Guideline applies to students, parents, staff, spectators and coaches/managers.

### Governance

The Sports Administrator will, under the direction of the College Principal and the Coordinator of Health and Physical Education oversee the implementation and conduct of sport.

They will ensure:

- All coaches are registered with Working with Vulnerable Persons.
- Variety in and provision of appropriate sporting competition opportunities for all students
- Suitably qualified coaches/managers for all teams.
- Equal access to facilities, equipment, programs and resources for all students
- Promotion of codes of behaviour for officials, parents, coaches.
- Promotion of the rights and responsibilities of participants.
- Suitable acknowledgment for students who participate.
- Adequate first aid kits for all teams readily available for all practices and competition.



## Student Code of Behaviour

- Sport is not compulsory; however, once parents have registered via the website, full commitment to that sport is expected.
- Once commitment to school sport is made, it takes precedence over other outside sporting commitments
- Students are expected to check emails and digital noticeboards regularly for correspondence of any sporting information.
- Students are expected to attend all trainings and matches. If they cannot attend they must personally notify their coach/manager.
- Correct sports uniform is to be worn at all times when travelling to and from practices and games.
- Correct safety equipment must be worn where applicable. If students do not meet safety requirements, the coach, Sports Administrator or umpire has the right to refuse participation.
- Transport – students are responsible for their own transport to and from practices and games unless specifically communicated via the Sports Administrator.
- Students who have medical conditions such as asthma, or any other condition that requires medication must alert the team coach/manager of at the start of the season.

## Coach/Manager Code of Behaviour

- Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
- Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
- Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the players.
- Avoid situations with your players that could be construed as compromising.
- Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players.
- Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
- Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.



## Parent/Guardian Code of Behaviour

- Ensure registration is completed via the school website by the required date
- Registration is a commitment to that sport for the entirety of the roster/season.
- Respect the rights, dignity and worth of others.
- Remember that your child participates in sport for their own enjoyment, not yours.
- Focus on your child's efforts and performance rather than winning or losing.
- Show appreciation for good performance and skillful plays by all players (including opposing players).
- Respect officials' decisions and teach children to do likewise.
- Do not physically or verbally abuse or harass anyone associated with the sport (player, coach, umpire and so on).
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Be a positive role model
- Take any concerns in a timely manner to the coach, manager, Sports Administrator, Sports Coordinator or Principal.

## Spectator Code of Behaviour

- Respect the decisions of officials.
- Never ridicule or scold a player for making a mistake. Positive comments are motivational.
- Show respect for your team's opponents.
- Do not use violence, harassment or abuse in any form (that is, do not use foul language, sledges or harass players, coaches, officials or other spectators).
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

## Consequences of breaching the Guideline

Consequences of breaching the Guideline will be managed on a 'case by case' basis.

**(Nov 2017) To be reviewed 2020**