

Online safety resources

The [eSafety Commission](#) has an abundance of resources available to help parents, carers, teenagers and children navigate the internet.

We have included a selection of these resources for you below:

- Targeting internet users under the age of 12 years, [Be an e-safe kid](#) supports children's safety and curiosity online, helping them to develop their understanding of what news or information is 'real' or 'fake'. Children can also read eSafety's [online safety picture book for young children](#), 'Swoosh, Glide and Rule Number 5', watch the storytime video (with Auslan), or listen to the story.
- The parent and carer section of the eSafety website has downloadable resources to help families to start the conversation about online safety issues and strategies with their child. Topics include managing devices and apps, and family tech agreements. Find the full suite of information [here](#).
- There is also a dedicated section for [young people](#), which contains videos and information on cyberbullying, spending too much time online, online gaming, LGBTQI+ issues and consent for sharing photos and videos, and much more.

Use these links to check out all the resources available to you and your children to support them to be safe online.

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