16th October 2017

Ditto’s Keep Safe Adventure Education Program at SMC

Dear Parent/Carers

On Tuesday 24th October at 9.30 am and 10.15 am we will host our annual Bravehearts session. “The Ditto Show”, a Personal Safety Education Program will be presented by Bravehearts to Kinder – Year 3 students. Five classes will attend each session. Kinder Koala students are welcome to join in to either class session with an adult. A parent information session will be held at 9:00 am for parents and carers who are interested in learning more about this program.

The 35-minute presentation will provide students with basic principles of personal safety, giving them the knowledge about how to stay safe and know what to do if ever feeling unsafe. The findings of an independent evaluation suggest that the delivery of the principles embedded in this program can reduce the prevalence of bullying, abuse including family violence and child sexual assault.

Specially written songs for the show include “Private Parts” and “Run and Tell Someone You Can Trust” with private parts simply explained as the mouth, the chest, between the legs and our bottoms with the main aims of the program to develop protective behaviours and enhance emotional literacy. The topics covered consist of “Yes” and “No” Feelings, the Body’s Warning signs, Private Parts, Secrets and what to do if feeling unsafe or unsure.

Ditto, Braveheart’s mascot comes to life as the star of Ditto’s Keep Safe Adventure Education Program to ensure the presentation is delivered in a fun, interactive and engaging manner. As the annual Day for Daniel ‘Keeping Kids Safe’ falls on our student free day this year K – 3 classes are invited to bring along a red t-shirt to wear with their sports uniform on this Tuesday to underline the stand-up safety message. It would be very beneficial if parents were able to discuss this presentation with their child to reinforce the protective behaviours presented.

Kind regards

Brigid Knight
Director of Junior School